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 Paper 3 has been removed from NET from 2018 ([Notification](https://www.examrace.com/NTA-UGC-NET/NTA-UGC-NET-Updates/NEWS-UGC-NET-Exam-Changes-2018.htm)
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NET Psychology July 2023

Q 3: Which of the following is not correct about REBT?

- A. REBT aims to help individuals think clearly, feel appropriately and act effectively.
- B. REBT uses the A-B-C theory of personality to identify client's problems.
- C. The focus of the therapist is on the feelings and behaviour of the individual than on the incident that induced the negative feelings
- D. REBT aims at a combination of philosophical change with cognitive emotional and behavioral strategies.

Q 4: Which of the following should be assured before going for parametric analysis of variance?

- A. Independence of scores of the subjects
- B. Categorical dependent variable
- C. Random assignment of subjects to the treatments
- D. Homogeneity of variance of the subjects' scores

Choose the most appropriate answer from the options given below:

(1) A. B. C. D only

(2) A. B. C only

(3) A, C, D only

(4) B, C, D only

Q 7: Which of the following describes resilience?

1. Individuals at risk whose performance is better than expected
2. Individuals in enriched environment excelling in performance.
3. Individuals with very good performance sliding down following a traumatic experience
4. Individuals who avoid risks and are happy with their average performance

Q 8: As per Values in Action (VIA) , classification of character strengths and virtues are as under:

1. Character strengths - 20: Virtues - 06
2. Character strengths - 24: Virtues - 06
3. Character strengths - 18: Virtues - 06
4. Character strengths - 24: Virtues - 04

Q 16. Arrange the following statements in the correct sequence of the movement of ions during the action potential

- A. Na⁺ channels open, Na⁺ begins to enter cell
- B. K⁺ continues to leave cell. causes membrane potential to return to resting level
- C. K⁺ channels open. K⁺ begins to leave cell
- D. K⁺ channels close. Na⁺ channels reset
- E. Na⁺ channels become refractory. no more Na⁺ enters the cell

Choose the correct answer from the options given below:

1. A, B, C, D, E
2. A, C, E, B, D
3. A, E, C, D, B
4. D, E, A, C, . B

Q 19. Women are likely to gain more number of valued positions during the time of crisis. This is referred as

- (1) Glass ceiling effect
- (2) Glass-cliff effect
- (3) Tokenism
- (4) Singlism

Q 20. The Bhagvadgita has 18 chapters (Adhyaya) named after some form of Yoga. Which is not the correct adhyaya out of the following?

1. Dhyana Yoga
2. Aksara-Brahma Yoga

3. Purusottama Yoga

4. Jagrata Yoga

Q 27. In the context of formula for Cohen's Kappa

A. $K = \frac{f_o - f_c}{N - f_c}$

B. f_o = observed frequency

C. f_c = expected frequency

D. N = Overall total of data points in the frequency matrix

Choose the most appropriate answer from the options given below

(1) A and B only

(2) A and C only

(3) A, B, Conly

(4) A, B, C, D only

Q 29. The formula used to estimate how many homogeneous test questions should be added to a test to raise its reliability to the described level is:

1. Coefficient alpha

2. Spearman Brown formula

3. Pearson product moment correlation

4. KR-20

Q 32. Which of correct about Multitrait - Multimethod design?

A. Investigates construct validity

B. Associates with Coombs and Holladay

C. Associates with Campbell and Fiske

D. Investigates Composite reliability

Choose the most appropriate answer from the options given below:

1. A, B only

2. A, Conly

3. B, C only

4. B, D only

Q 41. Self-determination theory of Deci and Ryan focused on following basic needs to explain wellbeing.

A. Creativity

B. Engagement

C. Competence

D. Relatedness

E. Autonomy

Choose the most appropriate answer from the options given below:

- (1) A, B, C only
- (2) C, D, E only
- (3) B, D, E only
- 4. A, C, D only

Q 43. In late adulthood, retirement from job follows specific stages, as per Atchley (1982)

- A. Honeymoon
- B. Disenchantment
- C. Craving for money
- D. Reorientation
- E. Social withdrawal

Choose the most appropriate answer from the options given below:

- (1) A, B, E only
- (2) B, C, D only
- (3) C, D, E only
- (4) A, B, D only

Q 48. Given below are two statements: One is labelled as Assertion A and the other is labelled as Reason R.

Assertion A: To eliminate the impact of an extraneous independent variable, the researcher can choose participants who are homogeneous on that independent variable.

Reason R : 'Matching' is one of the method to control extraneous variance.

In the light of the above statements, choose the most appropriate answer from the options given below:

- 1. Both A and B are correct and R is the correct explanation of A
- 2. Both A and R are correct but R is not the correct explanation of A
- 3. A is correct but R is not correct
- 4. A is not correct but R is correct

Q 51. Match List I with List II

LIST I	LIST II
A. Samacariya	I. Transformation wholeness
B. Tanha	II. Desire

C. Satori	III. Healthy virtuous
D. Sammadithhi	IV. Thinking

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1. A-III, B-I. C-II. D-III
2. A-IV, B-I, C-II. D-III
3. A-III, B-II, C-I, D-IV
4. A-II, B-II. C-I. D-IV

Q 70. arrange the following in sequence as per Development model of Counselling

- A. Identification of blind spots
- B. Brain storming
- C. Developing possibilities
- D. Force-field analysis

Choose the correct answer from the options given below:

1. A, C, B, D
2. B, C, A, D
3. A, C, D, B
4. A, B, D, C

Q 74. Efforts to cope with the knowledge that we will die is known as

1. Magical Thinking
2. Terror Management
3. Planning Fallacy
4. Availability Heuristics

A study was conducted to find out whether participation in meditation influences well-being in children. Hence a group of children who have not participated in meditation before but are now planning to begin participating in meditation were given a wellbeing scale before they began meditation. The children were administered the same test again after 2 months of meditation. The wellbeing was measured on an internal scale. with higher scores indicating higher wellbeing. The scores on the scale were normally distributed. The scores are given below.

BEFORE	AFTER
4	6
8	5
10	11

12	10
14	15
16	17
18	16

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Q 91. Rejection of null hypothesis indicates:

- (1) Participation in meditation leads to significant difference in well-being scores
- (2) Participation in meditation leads to just above the well-being score after meditation
- (3) Participation in meditation leads to lower wellbeing scores
- (4) Participation in meditation has no significant effect

Q 92. Which of the following is correct about directional hypothesis?

1. Meditation has effect on well-being
2. Meditation has positive effect on well being
3. Meditation has both positive and negative effect on well being
4. Meditation has direction for well being

Q 93. What statistical test should be used to analyze the data?

1. Mann-Whitney U test
2. Wilcoxon signed rank test
3. Correlated t test
4. Independent t test

Q 94. What is the degrees of freedom for the test?

- 1.10
- 2.11
- 3.6
- 4.5

Q 95. Which of the following is correct about interval scale?

1. Identity, Magnitude, equal unit size and absolute zero are the properties of this scale.
2. Identity and equal unit size are its properties
3. Identity, Magnitude and equal unit size are its properties
4. and magnitude are the properties of this scale